This is a catalogue of past news posts from the Home page. Some of this might be useful information, and it seems a shame to loose comp results and the like. Started in July '24, so anything previous to that – is lost. Sorry.

21.10.24. It's been far too long since this wonderful "Master Class" of Prisca's. I thoroughly enjoyed it, and learnt a lot from it! Not only purely how to do yoko tomoe nagi but it showed the tactical intelligence of the top performer, in respect to how their skill is influenced by the opposition, and all the variations possible and how to combat each in turn. Without such a comprehensive self knowledge, Olympic Silver medals are always going to be far off... I'm now considering how to change my teaching to incorporate this very pivotal piece of intelligence.

To see Prisca now as a World Judo Personality, and the confidence from these experirences she brings to the Master Class, was great to see! As I've said before, she's helped us out many times, at Specials and else where, for years now!

For those at the earliest stages of their judo career, just to say Prisca hasn't paid for a dinner since the Olympics. Either the restaurant or someone has covered the bill. There have been many other spin offs, which I don't think it is my place to relay but, if you were ever to get to such a position - just think how wonderful it could be!

1.10.24. Lots of really interesting things coming up!!! We're got another Special training event booked in, there's a comp for the really keen but most spectacular of all, is $Prisca\ Awiti\ Alcaraz$ the silver medalist at this year's Paris Olympics, is doing a MASTER CLASS at the university next week!!!! Places are going fast, don't miss out!

5.9.24 Summer holidays are over, back to it! Well and truely over judging by today's weather! School clubs will start back over the next couple of weeks. If you're at a school we do and want to join, please get in touch for details.

BIG NEWS, adult classes start back next Tuesday (10th Sept). 7-9pm, over 14/15 years old, any level, no mat fees as yet. We're especially looking to help first timers into the fray.

4.8.24. Well the Olympic judo is all over now. Hope you enjoyed it, got to see some? The biggest news, for us was Prisca won Silver in the U63! She is featured on this site as she has help us out on several occations. Some of our pupils will have done judo with her in the Uni dojo!!!

24.7.24. Western Area International Open Tournament: - Got to say, I had a ball over the weekend!! The comp. was amazing, and looks to be even bigger and better next year, with more international clubs coming over. The camp, ah, what can I say? Brilliant!! I got on the mat and had a "pull around" with several players, who were very kind to the old man! The Bath Uni Student club came away with a silver medal. Only the one entered as its too far into the holidays for most. Please check out Gleeson Judo's Instagram account for video shorts etc. Great weekend. Hope you see you there next year!!

10.7.24 Not really much to report, last sessions of the term/year next week. Enjoy the "summer"! Haha. After next week, it'll be see you in September for all our sessions. Thinking about the Western Area International for our younger athletes it a great opportunity to see high level judo on your door step but I was also thinking, well if you want to do the same, I've put a link at the bottom here to Team Bath's judo programme just so you can see where you might go with work and dedication....

1.7.24 Bit of a break, last two weeks of school sessions. Big news, the **Western Area International Open** is coming up towards the end of the month. At the University of Bath. Its the biggest judo event in the area, well worth a visit! Details- 'up coming events'

10.4.24 Tuesday Sessions are back up & running. Had a reasonable turnout last night for the first after Easter. The Army has joined us! Haha. Please feel free to join-in, we're getting new members almost every week! Old students are also joining! Great opportunity to get back into judo! See you soon

12 4.3.24 Bedminster Open, we took 6 from the student club. 2 golds 3 silvers. A great event, happy to see some old faces too!! We also did High Wycombe's open the week before, all medals there too. The boys and girls are really coming on! Check out our Instagram account for images etc..

13.3.24 Our next Speical is now booked in for the Sunday 24. One of our old students is helping with this one. Started with us when she was around 6..

25.2.24. Report now up-loaded to the website, <u>link!</u>

21.2.24 A great weekend up at **BUCS**. British uni champs for short. Full report to come but briefly, **23** athletes, **3 coaches**. Individual medals, **5 gold**, **1 silver**, **4 bronze**. Teams-Gold & bronze in mens, gold in women's. For us, ½ the student club players started in october, the others a year ago! Not bad I would say.

15.11.23. Great session last night (Tuesday) at the uni, 14 on mat. Lots of hard work done by all! **STILL FREE TILL 2024!** Please come along, best facilities for miles around!

14.11.23. Fantastic news, at Sunday's London Universities and college Open champs, the University of Bath's student club brought home TEN medals; 3 Gold, 5 Silver & 2 Bronze. This was from a team of 8, four of whom only started judo in October of this year!! A truly outstanding performance!! I am duly incredibly proud of them all! For pic = link